



Connect • Restore • Recharge
MINI RETREAT

BY LOCALS FOR LOCALS

Join us for a day of connection, resilience and relaxation
in the stunning Grampians National Park

This retreat offers

- A walk in our beautiful backyard
- Restorative practices like yoga, mindfulness and relaxation
- Luxury glamping 'stay under the stars'
- All-inclusive meals and snacks.

Retreat details:

When: Sunday February 9 or Sunday April 27, 2025

Time: 10 am to 10 am the next day

Heavily reduced cost: \$99 per person

Capacity: Limited to 8 participants

REGISTER YOUR INTEREST TODAY

Be one of the first to leverage from this wonderful initiative
which is part of a series of community events
supporting healing and resilience.

This retreat is open to residents
and those who assisted our
fire affected communities

TOGETHER WE ARE STRONGER

PLEASE REGISTER YOUR INTEREST AT THE BACK >



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EXPRESSION OF INTEREST

Name:

Email:

Phone number:

Town:

Moyston

Pomonal

Halls Gap

Other:

Preferred date:

Sunday February 9, 2025

Sunday April 27, 2025

How to enter:

Return your Expression Of Interest
to one of the organisers before the 1st of February
(physical or text us a picture of your EOI)

You will hear back from us before the 3th of February

An initiative by:

Liss Birtles

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