Get excited for what is on offer for Get Online Week. So much to learn and so much to do.





Learn how to aet creative with Canva!





Cyber safety sessions



favourite recipe

How to take your library with you wherever you go!

Listen to your favourite music online.

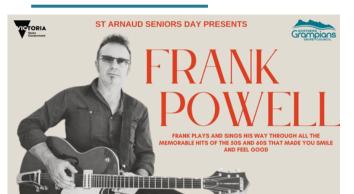
Setup or find an email account

Contact Thrive 50+ Hubs for more details 5358 8700

Eight days of free public tränsport

As a Victorian Seniors Card holder, you can explore Victoria with free Festival travel from Sunday 6 October to Sunday 13 October

You need to reserve a seat on long distance V/Line trains and some coaches. To book a seat on V/Line Services requiring reservations call 1800 800 007



Discover new groups and

activities to be involved in.

9 OCTOBER



DOORS OPEN AT 9:45AM FOR A 10:30AM START

LOCATION: ST ARNAUD TOWN HALL

EVENT HIGHLIGHTS:

- . LIVE MUSIC 10:40AM • LIGHT LUNCH 12PM
- MOVIE TO FOLLOW 1PM

SENIORS CONCERTS





For the month of October we're celebrating our seniors and their ongoing contribution to the shire—whether as volunteers or in the workforce. community leaders or carers, grandparents, or advocates.

Throughout the month community groups and organisations are hosting inclusive events and activities throughout the state.

Seniors Month is all about increasing the social connectedness of older people and their communities:

> For bookings and enquiries contact 03 5358 8700





This is a pilot program proudly supported by the Western Victoria Primary Health Network

Stawell Events

1st October

Rock up to Pickleball - FREE

10am to 12pm (SSAC)

3rd October

Stawell Quilters Show - \$5 Entry

10am to 4pm (Stawell Entertainment Centre)

Rock up to Pickleball - FREE

10am to 12pm (SSAC)

4th October

Stawell Quilters Show - \$5 entry

10am to 4pm (Stawell Entertainment Centre)

5th October

Rock up to Pickleball -FREE

9.30am to 11.30am (SSAC)

Stawell Quilters Show - \$5 entry

10am to 4pm (Stawell Entertainment Centre)

6th October

Stawell Orchid Club Open Day - FREE

1pm to 4pm (SSCC) Lunch & afternoon tea provided

8th October

Rock up to Pickleball - FREE

10am to 12pm (SSAC)

10th October

Stawell Seniors Festival free lunch & concert Lonnie Lee 9.45am doors open (Stawell Entertainment Centre)

Rock up to Pickleball - FREE

5pm to 7pm (SSAC)

12th October

Rock up to Pickleball - FREE

9.30am to 11.30am (SSAC)

Community Expo -FREE (Stawell Entertainment Centre) 10am to 3pm

14th October

Active Sessions for Seniors - FREE

10am to 12pm Active Ageing, Pickleball courts. morning tea provided (SSAC)

Come & Try HOY CARD game - FREE

2pm to 3.30pm (Stawell Senior Citizens Club) afternoon tea

15th October

Rock up to Pickleball - FREE

10am to 12pm (SSAC)

Stawell continued

17th October

Rock up to Pickleball - FREE

5pm to 7pm (SSAC)

19th October

Rock up to Pickleball -FREE

9.30am to 11.30am (SSAC)

21st October

Come & Try Hoy Card Game - FREE

2pm to 3.30pm afternoon tea (Stawell Senior Citizens)

22nd October

Rock up to Pickleball - FREE

10am to 12pm (SSAC)

24th October

Rock up to Pickleball - FREE

5pm to 7pm (SSAC)

26th October

Rock up to Pickleball -FREE

9.30am to 11.30am (SSAC)

28th October

Come & Try HOY CARD game - FREE & afternoon tea 2pm to 3.30pm (Stawell Senior Citizens Club)

31st October

Documentary Screening

"Talking About Your Generation - FREE

10.30 to 12pm (Stawell Library) afternoon tea provided

St Arnaud continued

18th October

Active For life - \$7 entry

11.15am to 12pm (Senior Citzs Build)

The Unbreakable Farmer - FREE

6.00pm to 7.30pm (Paradise Hall)

25th October

Active For life - \$7 entry

11.15am to 12pm (Senior Citzs Build)

31st October

Documentary Screening

"Talking About Your Generation - FREE

10.30 to 12pm (St Arnaud Library) morning tea provided

The Unbreakable Farmer - FREE

6.00pm to 7.30pm (Banyena Hall)

St Arnaud Events

2nd October

Man Therapy - FREE

5.30PM to 6.15pm (Torney's FF gym)

4th October

Active For life - \$7 entry

11.15am to 12.0pm (Senior Citzs Build)

5th & 6th October

St Arnaud Show- \$12 (cons) \$20 entry

(Lord Nelson Park)

6th October

The Unbreakable Farmer - FREE

2.00pm to 3.30pm - (St Arnaud Sporting Club)

7th October

Seniors Citizens Concert - HILARY - \$10

1.00pm to 3pm (Senior Citizens Club)

9th October

St Arnaud Seniors Festival-FREE with lunch

Frank Powell -9.45 Doors open (St A Town Hall)

St Arnaud Seniors MOVIE - FREE

THELMA - 1pm (St A McDonald Hall)

Man Therapy - FREE

5.30PM to 6.15pm (Torney's FF gym)

11th October

Active For life - \$7 entry

11.15am to 12.0pm (Senior Citizens Club)

12th & 13th October

St Arnaud Orchid Show - \$5 entry

Sat: 9am to 4pm Sun: 10am to 3pm (St Arnaud Town Hall

13th October

St Arnaud Country Music Show - \$6 entry

6pmto 10pm - (St Arnaud Sporting Club)

16th October

Man Therapy - FREE

5.30PM to 6.15pm (Torney's FF gym)