



MON	TUE	WED	THU	FRI	SAT	SUN
<p>U3A activities recommence Term 1 3rd February</p>	<p>Senior Citizens Monthly Lunch returns Wednesday 15th February</p>	<p>1 New Years Day Public Holiday Happy New Year</p>	<p>2 Thrive 50+ Hub closed today</p>	<p>3 Thrive 50+ Hub closed today</p>	<p>4 9.30 to 11.30am Rock up to Pickleball (SSAC) 12pm Meditation at Stawell Library 12pm Golf Open Competition (SGC)</p>	<p>5 Stawell Orchid Club monthly meetings return 2nd February at Stawell Senior Citizens Club</p>
<p>6 9am Tai Chi (U3A & SNH) 9am Men's Golf Session (SGC) 10am Active for Life (SSAC) 10.30am Active Ageing (SSAC) 10.45am Water Aerobics (SSAC) 2pm Chain Gang Crochet Group (SNH)</p>	<p>7 9am Stawell Men's Shed (SMC) 10am Walking Group Cato Park 10am Rock up to Pickleball (SSAC) 10am Tai Chi (Sen Cit) 1.30pm Yarn Group (Sen Cit) 6pm Taekwondo (Sen Cit)</p>	<p>8 9am Stawell Men's Shed 9am Women's Golf Session (SGC) 10.30am Active Ageing (SSAC) 12.30pm Bee Busy Stitching (SNH) 6.15pm Yoga with Kristin (SNH) 7pm Indoor Carpet Bowls (Sen Cit)</p>	<p>9 9am Stawell Men's Shed 9am 9 Hole Chicken Run (SGC) 10am Devonshire Tea (AC) 10.45am Water Aerobics (SSAC) 5pm Rock up to Pickleball (SSAC) 6pm Taekwondo (Sen Cit) 6.15pm Water Aerobics (SSAC) 7pm Stawell Brass Band (SBB)</p>	<p>10 10.30am Active Ageing (SSAC) 2pm Fridays Boredom Busting Boardgames (SNH) 7pm Stawell Brass Band Practice</p>	<p>11 9.30 to 11.30am Rock up to Pickleball (SSAC) 12pm Meditation at Stawell Library 12pm Golf Open Competition (SGC)</p>	<p>12 2pm Conversational English (SNH)</p> 
<p>13 9am Tai Chi (U3A & SNH) 9am Men's Golf Session (SGC) 10am Active for Life (SSAC) 10.30am Active Ageing (SSAC) 10.45am Water Aerobics (SSAC) 2pm Chain Gang Crochet Group (SNH)</p>	<p>14 9am Stawell Men's Shed (SMC) 10am Walking Group Cato Park 10am Rock up to Pickleball (SSAC) 10am Tai Chi (Sen Cit) 1.30pm Yarn Group (Sen Cit) 6pm Taekwondo (Sen Cit)</p>	<p>15 9am Stawell Men's Shed 9am Women's Golf Session (SGC) 10.30am Active Ageing (SSAC) 12.30pm Bee Busy Stitching (SNH) 2pm Men's How's it Going Cuppa Group (LIB) 6.15pm Yoga with Kristin (SNH)</p>	<p>16 9am Stawell Men's Shed 9am 9 Hole Chicken Run (SGC) 10am Devonshire Tea (AC) 10.45am Water Aerobics (SSAC) 2pm Ladies Cuppa Group (LIB) 5pm Rock up to Pickleball (SSAC) 6pm Taekwondo (Sen Cit) 6.15pm Water Aerobics (SSAC) 7pm Stawell Brass Band (SBB)</p>	<p>17 10.30am Active Ageing (SSAC) 1pm Indoor Carpet Bowls (Sen Cit) 2pm Fridays Boredom Busting Boardgames (SNH) 7pm Stawell Brass Band Practice</p>	<p>18 9.30 to 11.30am Rock up to Pickleball (SSAC) 12pm Meditation at Stawell Library 12pm Golf Open Competition (SGC)</p>	<p>19 2pm Conversational English (SNH)</p>
<p>20 9am Tai Chi (U3A & SNH) 9am Men's Golf Session (SGC) 10am Active for Life (SSAC) 10.30am Active Ageing (SSAC) 10.45am Water Aerobics (SSAC) 2pm Chain Gang Crochet Group (SNH)</p>	<p>21 9am Stawell Men's Shed (SMC) 10am Walking Group Cato Park 10am Rock up to Pickleball (SSAC) 10am Tai Chi (Sen Cit) 1.30pm Yarn Group (Sen Cit) 6pm Taekwondo (Sen Cit)</p>	<p>22 9am Stawell Men's Shed 9am Women's Golf Session (SGC) 10.30am Active Ageing (SSAC) 12.30pm Bee Busy Stitching (SNH) 6.15pm Yoga with Kristin (SNH) 7pm Indoor Carpet Bowls (Sen Cit)</p>	<p>23 9am Stawell Men's Shed 9am 9 Hole Chicken Run (SGC) 10am Devonshire Tea (AC) 10.45am Water Aerobics (SSAC) 5pm Rock up to Pickleball (SSAC) 6pm Taekwondo (Sen Cit) 6.15pm Water Aerobics (SSAC) 7pm Stawell Brass Band (SBB)</p>	<p>24 10.30am Active Ageing (SSAC) 1pm Indoor Carpet Bowls (Sen Cit) 2pm Fridays Boredom Busting Boardgames (SNH) 7pm Stawell Brass Band Practice</p>	<p>25 9.30 to 11.30am Rock up to Pickleball (SSAC) 12pm Meditation at Stawell Library 12pm Golf Open Competition (SGC)</p>	<p>26 2pm Conversational English (SNH)</p> 
<p>27 Australia Day Public Holiday</p> 	<p>28 9am Stawell Men's Shed (SMC) 10am Walking Group Cato Park 10am Rock up to Pickleball (SSAC) 10am Tai Chi (Sen Cit) 1pm Easy Crossword & Trivia (U3A) 1.30pm Yarn Group (Sen Cit) 6pm Taekwondo (Sen Cit)</p>	<p>29 9am Stawell Men's Shed 9am Women's Golf Session (SGC) 10.30am Active Ageing (SSAC) 12.30pm Bee Busy Stitching (SNH) 2pm Men's How's it Going Cuppa Group (LIB) 6.15pm Yoga with Kristin (SNH) 7pm Indoor Carpet Bowls (Sen Cit) 7pm CWA monthly meeting (Lib)</p>	<p>30 9am Stawell Men's Shed 9am 9 Hole Chicken Run (SGC) 10am Devonshire Tea (AC) 10.45am Water Aerobics (SSAC) 2pm Ladies Cuppa Group (LIB) 5pm Rock up to Pickleball (SSAC) 6pm Taekwondo (Sen Cit) 6.15pm Water Aerobics (SSAC) 7pm Stawell Brass Band (SBB)</p>	<p>31 10.30am Active Ageing (SSAC) 1pm Indoor Carpet Bowls (Sen Cit) 2pm Fridays Boredom Busting Boardgames (SNH) 7pm Stawell Brass Band Practice</p>	<p>Fit 4 Life chair-based exercise group restarts on February 7 at Stawell Senior Citizens Club</p>	